

STARTERS AND APPETIZERS

Chutney	£0.50
Papadams Plain or spicy.....	£0.80
Onion Bhajee	£3.50
<i>Finely sliced onions in gram flour deep fried</i>	
Bhuna Prawns with Puree	£3.95
<i>Spicy prawns served on fried bread</i>	
Bhuna King Prawns with Puree	£5.95
Garlic Mushroom Puree	£3.95
<i>Fried diced spicy mushroom served on</i>	
Kebab Bahar	£3.95
<i>Puri stuffed with deliciously spiced lamb cooked in a secret recipe</i>	
Tandoori Chicken	£3.50
<i>¼ chicken marinated in yoghurt and spices, cooked in the clay oven</i>	
Chicken or Lamb Tikka	£3.50
<i>Boneless chicken or lamb marinated in garlic & ginger</i>	
Sheek Kebab	£3.50
<i>Fresh minced lamb marinated in garlic & ginger & spices skewered in clay oven</i>	
Shami Kebab	£3.50
Reshmi Kebab <i>With egg</i>	£3.50
Lamb Chop	£5.95
<i>Tender lamb chops marinated in tandoori spice cooked in clay oven</i>	

Chicken / Aloo Chat	£3.50
<i>Stir fried with cucumber in a hot & sour tamarind sauce</i>	
Duck Tikka	£4.50
<i>Spiced duck chunks cooked in tandoor</i>	
Mussels Curried Flavour	£5.95
Murgh Nazakat	£3.95
<i>Succulent chicken skewered delicately flavoured with nutmeg</i>	
Kakra Khani (Crab Meat)	£5.95
<i>Medium spiced crab meat shallow fried with onions and garlic</i>	
Lamb Naknovi Kebab	£3.95
<i>Spiced minced lamb wrapped in pastry & char grilled in the tandoori oven</i>	
King Prawn Butterfly	£5.50
<i>King prawn in batter and spices deep fried</i>	
Chot Poti	£3.95
<i>Chick peas with lentils, cumin & tamarind sauce</i>	
Trio Of Samosas	£3.95
<i>Crispy pastries filled with vegetables, chicken and lamb mince</i>	
Mixed Starter Platter (4 people)	£15.95
Mixed Starter Platter (2 people)	£8.95

TANDOORI CHARCOAL & GRILLS

Meat, poultry, seafood and vegetables marinated in ground spices and cultured yoghurt before being cooked in an extremely hot clay oven

Tandoori Chicken (<i>half</i>)	£8.95
Chicken or Lamb Tikka	£8.95
Tikka Paneer	£7.95
<i>Indian cottage cheese</i>	
Duck Tikka (<i>Main</i>)	£10.50
<i>Spiced duck chunks cooked in tandoor</i>	
Lamb Chop (<i>Main</i>)	£11.95
<i>Tender lamb chops marinated in tandoori spice cooked in clay oven</i>	

Tandoori King Prawn	£12.95
Tandoori Mix Grill	£12.95
Masaladar Macchi	£12.95
<i>Oven grilled spicy fish fillet</i>	
Tandoori Monk Fish	£12.95
Tawa Chicken	£9.95
<i>Marinated and roasted tandoori chicken and cheese and sauce. Dry</i>	

SHASLICK

Highly flavoured, with ground spices and marinated yoghurt, roasted in The Clay oven with onions & peppers

Chicken or Lamb.....	£8.95
Paneer (Cheese)	£8.50
Tandoori King Prawn	£12.95

Duck Tikka	£12.95
Vegetable Shashlick	£7.95

SPECIALITY & SIGNATURE DISHES

Bombay Chicken	£8.95
<i>Cooked with herbs and selected spices a touch of garlic, ginger and potato</i>	
Chicken or Lamb Karahi	£8.95
<i>Cooked with herbs and selected spices a touch of garlic and ginger</i>	
Murgh Makani	£8.95
<i>Spring chicken tossed in butter & cultured yoghurt, served in mild sauce</i>	
Garlic Chicken	£8.95
<i>Chicken diced in sesame seeds with onions and peppers, cooked in a fresh garlic sauce</i>	
Chicken Jalfrezi	£8.95
<i>Tossed in a mustard oil with onion and green chillies, spicy and hot</i>	
Murgh Rezalla.....	£8.95
<i>Tender chicken blended with fresh lamb minced with green chilli and a touch of yoghurt</i>	
Lemon Chana Chicken /Lamb ..	£8.95
<i>Cooked with herbs & selected spices a touch of garlic & ginger fresh lemon & coriander</i>	
Chicken or Lamb Passanda.....	£8.95
<i>Very creamy, nut almond and red wine sauce mild in fresh</i>	
Chicken Gowa	£8.95
<i>Tender chicken cooked in sesame seed coconut and hot</i>	
Machli Jhol	£10.95
<i>Fish steaks marinated in lime juice & spices cooked in mustard oil with onion and pepper</i>	
Amirrie Chicken	£8.95
<i>Cooked in mango pulp, onion, garlic, nuts & fresh cream</i>	
Naga Chicken.....	£8.95
<i>Fairly hot dish cooked with our special naga sauce</i>	
Karai Kebab Khyberi	£8.95
<i>A speciality of khyber, diced chicken tikka and sheek kebab cooked in khyberi spice with tomatoes and capsicum cooked in a skillet medium to mild</i>	
Chicken Pistachio	£8.95
<i>Diced chicken in creamy pistachio sauce lightly spiced</i>	
Hyberbadi	£8.95
<i>Pan grilled chicken fillet cooked with spring onion, tomato, and garlic and coriander sauce</i>	

BIRYANIES

A process of gentle cooking, with especially flavoured basmati rice. SERVED WITH A SEPARATE VEGETABLE CURRY

Chicken Biryani /Lamb Biryani..	£8.95
Chicken Tikka Biryani.....	£9.95
Lamb Tikka Biryani	£9.95
Mushroom Biryani	£7.95
Vegetable Biryani.....	£7.95

Chicken Lanka	£8.95
<i>Cooked with African chillies nutmeg & fresh herbs</i>	
Ghazala	£12.95
<i>Succulent lamb shanks cooked with green chili and spring onion</i>	
Sula	£8.95
<i>Diced chicken/lamb in a tangy tamarind, lemon, garlic sauce with a tomato flavoured chick peas</i>	
Shooka	£8.95
<i>Supreme chicken tossed in butter & garlic medley spiced & finished a sweet & fruity sauce</i>	
Begun-e-Lamb or Chicken	£8.95
<i>Cooked with tomatoes & marinated aubergine</i>	
Lehsun	£12.95
<i>Char grilled king prawns in a garlic, lemon and chilli sauce</i>	
Bhindi Ghost	£8.95
<i>Succulent cubed lamb with fresh okra in a medium sauce cooked in garam massala and roasted tomatoes and pepper</i>	
Bali Churi Chicken	£8.95
<i>Medium hot cooked with spinach, tamarind, fresh chilli sauce</i>	
Tandoori Monk Fish Khyberi ..	£12.95
<i>Cooked in khyberi spices with tomatoes and capsicum cooked in a skillet medium to mild</i>	
Mollee	£10.95
<i>Chunks of tilapia fish delicately simmered in saffron, coconut, garlic and curry leaf sauce</i>	
Garlic Chilli Chicken or Lamb ..	£8.95
<i>Tender chicken or lamb cooked in garlic & green chilli sauce</i>	
Tandoori Karahi King Prawn ..	£12.95
<i>Cooked with herbs and selected spices a touch of garlic fresh coriander and ginger</i>	
Shatkora Chicken or Lamb	£8.95
<i>Shatkora chicken or lamb cooked in yoghurt, cinnamon, bay leaves, garam massala and flavoured with a pieces of calamasi only grown on the Indian Subcontinent.</i>	
Archar Chicken or Lamb	£8.95
<i>Medium hot. Chicken or lamb prepared in pickle & fresh herbs to give it a thick sauce with garlic & onion.</i>	

CHEF'S RECOMMENDATION

Akbori Murgh Lehsun	£8.95
<i>Chicken garlic & mushroom cooked in butter topped with onion & green peppers</i>	
Butter Chicken/Lamb	£8.95
<i>Special flavoured chicken cooked in a mild cream butter sauce with almond & coconut</i>	
Tandoori Chicken Masala	£8.95
<i>Chicken on the bone cooked with butter cream & Masala sauce</i>	
Chicken/Lamb Chilli Masala	£8.95
<i>Chicken or Lamb marinated grilled with green chilli and very hot sauce</i>	
Murgh Masala	£9.95
<i>Marinated Chicken & Mince Meat cooked in Mild creamy sauce & egg</i>	
Tandoori King Prawn Delights	£12.95
<i>Marinated & grilled cooked with almond and coconut & mild creamy sauce</i>	
Tandoori King Prawn Ginger ..	£12.95
<i>King Prawn grilled cooked with green pepper, onion, ginger & hot spices</i>	

King Prawn Chilli Masala.....	£12.95
<i>King Prawn grilled with green chilli & very hot spices</i>	
Jeera Chicken or Lamb	£8.95
<i>Medium marinated & grilled cooked with cumin seeds</i>	
Bengal Fish Masala	£10.95
<i>Telpia fillet marinated & grilled cooked with cream & Masala sauce</i>	
Garlic Chilli King Prawn	£12.95
<i>Cooked with freshly cooked chillies spicy, fairly hot</i>	
Hariali - Chicken or Lamb New..	£8.95
<i>This mouth watering sauce is made with spinach, garlic, fresh coriander, green chillies & whole grain mustard & a touch of olive oil Fairly hot.</i>	
Chef Special King Prawn Chom Chom (New)	£14.95
<i>Succulent King Prawn Cooked In Plum tomatoes, Red & green chopped Pappers Chef own Recipe Honey glazed</i>	

BALTI RECIPES

Cooked with fresh tomatoes, onions and ginger. The balti method involves cooking everything in iron wok. Medium strength served with nan or rice

Chicken or Lamb Balti	£8.95
Chicken or Lamb Tikka Balti	£9.95
Prawn Balti	£8.95
King Prawn Balti	£12.95
Vegetable Balti	£7.95

Bombay Balti.....	£9.95
<i>Medium dish consisting of chicken, egg & minced lamb cooked to our chefs own special recipe</i>	
Duck Tikka	£9.95
Tandoori King Prawn Balti	£12.95

MASSALA RECIPES

Marinated in fresh tandoori massala sauce roasted in the clay oven and then cooked in fresh cream and tomato lased sauce

Chicken Tikka Masalla.....	£8.95
Lamb Tikka Masalla	£8.95
Duck Tikka Masalla	£10.95
Tandoori King Prawn Masalla ..	£12.95

Tandoori Mixed Grill Masalla ..	£12.95
Tandoori Monk Fish Masalla....	£12.95
Vegetable Massalla.....	£7.95

CURRIES

Cooked in sauce either medium, hot or very hot

Chicken or Lamb ..	£6.95
Chicken Tikka	£7.95
Lamb Tikka	£7.95

Prawn	£8.50
Tandoori	£12.95
King Prawn	£12.95

King Prawn	£11.95
Duck Tikka	£9.95
Vegetable	£6.95

DANSAK

Hot, sweet and sour with lentils

Chicken or Lamb ..	£6.95
Chicken or Lamb Tikka	£7.95

Prawn	£8.50
Tandoori	£12.95
King Prawn	£12.95

King Prawn	£11.95
Duck Tikka	£9.95
Vegetable	£6.95

PATHIA

Hot, sweet and sour dish
cooked with tamarind

Chicken or Lamb.....	£6.95
Chicken or Lamb Tikka	£7.95
Prawn	£8.50
King Prawn	£11.95
Tandoori King Prawn	£12.95
Duck Tikka	£9.95
Vegetable	£6.95

PALOK

Medium with fresh spinach

Chicken or Lamb.....	£6.95
Chicken or Lamb Tikka	£7.95
Prawn	£8.50
King Prawn	£11.95
Tandoori King Prawn	£12.95
Duck Tikka	£9.95
Vegetable	£6.95

KORMA DISHES

Very mild with fresh cream

Chicken or Lamb.....	£6.95
Chicken or Lamb Tikka	£7.95
Prawn	£8.50
King Prawn	£11.95
Tandoori King Prawn	£12.95
Duck Tikka	£9.95
Vegetable Korma	£6.95

KASHMIR DISHES

A mild dish cooked with tropical
fruit and cream

Chicken or Lamb Kashmir	£6.95
Chicken or Lamb Tikka	£7.95
Prawn Kashmir or Malaya	£8.50
King Prawn Kashmiri /Malaya..	£11.95
Tandoori King Prawn Kashmir or Malaya	£12.95
Duck Tikka	£9.95
Vegetable	£6.95

ROGON JOSH

Fresh tomato flavour sauce
with a touch of garlic & ginger

Chicken or Lamb.....	£6.95
Chicken or Lamb Tikka	£7.95
Prawn	£8.50
King Prawn	£11.95
Tandoori King Prawn	£12.95
Duck Tikka	£9.95
Vegetable	£6.95

DUPIAZA

An elegant dish cooked with
whole spices fried onions and
green peppers, medium

Chicken or Lamb.....	£6.95
Chicken or Lamb Tikka	£7.95
Prawn	£8.50
King Prawn	£11.95
Duck Tikka	£9.95
Tandoori King Prawn	£12.95
Vegetable	£6.95

BHUNA

Medium hot, semi dry with
onion and peppers

Chicken or Lamb.....	£6.95
Chicken or Lamb Tikka	£7.95
Prawn	£8.50
King Prawn	£11.95
Duck Tikka	£9.95
Tandoori King Prawn	£12.95
Vegetable	£6.95

CEYLON

A fairly hot dish, cooked with
coconut & a hint of lemon

Chicken or Lamb.....	£6.95
Chicken or Lamb Tikka Ceylon	£7.95
Prawn	£8.50
King Prawn	£11.95
Vegetable Ceylon.....	£6.95
Tandoori King Prawn Ceylon..	£12.95
Duck Tikka	£9.95

VEGETABLE MAIN DISHES

Shahi Mixed Vegetable	£6.95
Karahi Vegetable (medium)	£6.95
Vegetable Massala	£6.95
Vegetable Rogan	£6.95
Mixed Vegetable Dansak	£6.95

VEGETABLE SIDE DISHES

Mixed Vegetable Curry.....	£3.50
Bombay Potatoes	£3.50
<small>Potatoes cooked with onions and tomatoes</small>	
Aloo Palok <small>Spinach with potatoes</small>	£3.50
Palok Massala Spinach	£3.50
Chana Massala Chick peas	£3.50
Mushroom Bhaji	£3.50
Bhindi Bhaji Okra	£3.50
Brinjal Bhaji Aubergine.....	£3.50
Tarka Dall <small>Lentils with garlic and chillies</small>	£3.50
Matar or Polok Paneer	£3.50
<small>Cheese cooked peas or spinach</small>	
Dall Samba	£3.50
<small>Lentils with mixed vegetables</small>	
Aloo Gobi.....	£3.50
<small>Potatoes & cauliflower cooked with onions & tomatoes</small>	

SUNDRIES

Plain Rice.....	£2.50
Basmati Pilau Rice	£2.95
Special Fried Rice	£3.50
<small>With egg, peas & sultanas</small>	
Mushroom Rice	£3.50
Onion Rice	£3.50
Sag Rice	£3.50
Lemon Rice.....	£3.50
<small>Popular South Indian rice with curry leaves</small>	
Keema Rice <small>With mince meat</small>	£3.95

CHILDREN FAVOURITES

All meals are completely mild and come in children's portions

Chicken Tikka and Chips.....	£6.95
Chicken Omelette and Chips....	£6.95
Chicken or Lamb Korma & Rice	£6.95
Chicken Tikka Massala and Rice	£6.95
Tandoori Chicken and Chips	£6.95
Mixed Vegetable Jalfrezi	£6.95
Aloo Gobi Paneer	£6.95
Vegetable Korma	£6.95
Vegetable Naramish	£6.95

Chana Aloo	£3.50
<small>Chick peas and potatoes</small>	
Palok Chana	£3.50
<small>Fresh spinach with chick peas and lentils</small>	
Dall Makani.....	£3.50
<small>Lentils laced in yoghurt</small>	
NIRAMISH (Dry Vegetable)	£3.50
<small>Potatoes, cauliflower, peas & beans</small>	
DALL PALAK	£3.50
<small>Lentils, chickpeas & spinach</small>	
MUSHROOM PALAK	£3.50
<small>Spinach & mushrooms spiced with garlic</small>	
Aloo Zeera	£3.50
<small>Potato cooked with cumin seeds</small>	
Aloo Tomato Bhaji.....	£3.50
<small>Potato in garlic in fused tomatoes</small>	
Mushroom Mughlai	£3.50
<small>Creamy and flavour</small>	

Coconut Rice	£3.50
Paratha.....	£3.50
Chapati.....	£1.95
Tandoori Roti.....	£2.50
Nan (Plain)	£2.50
Keema Nan.....	£2.95
<small>Keema or peshwari or garlic or vegetables or cheese or sag nan</small>	
Raita	£1.95
<small>Cucumber, onion and tomatoes</small>	



New Menu

The Star and Garter

Public Bar,

Indian Restaurant and Takeaway

10% Discount
ON TAKE AWAY ORDER £15



Set Meal

Sunday to Thursday
1 Mix Starter
1 Main Dish - 1 Side Dish
1 Rice or 1 Nan
£12.95
Per person
Dine in only

www.starandgarterthame.co.uk

Open 7 Days week, including Bank holidays

Mon to Thurs: 12 noon to 2pm & 5pm to 11.30pm

Fri & Sat: 12 noon to 2pm & 5pm to 12am

Sun: 12 noon to 3pm & 5pm to 11pm

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